

THE REHEARSALS

**THE TIME TO BE MOST CONCERNED WITH.
EVERYTHING IN THE REHEARSAL MAKES A DIFFERENCE.**

TEACHING THE SHOW

0. Establish realistic GOALS for each rehearsal.
1. Be sure that everyone in your section knows and executes the “5 Rules of Marching.”
2. Be sure that everyone in your section can execute the fundamentals in the “Basics Routine.”
3. Emphasize the importance of memorizing music before memorizing drill DOTS
4. When teaching a new move:
 - 1 - confirm where they are, (DOTS: x and y axis)
 - 2 - discuss what is happening in the music at that point,
 - 3 - tell them how many counts it’s going to take them to do the next move,
 - 4 - tell them what kind of a move it is (FTL, Float, Form Hold, etc.),
 - 5 - give them the general direction of the move,
 - 6 - have them move in the general direction to their next DOT,
 - 7 - Check DOTS
5. Insist that they keep a copy of their DOTS!
6. As each section completes a move, have other sections join in and “run” it together.
7. Constantly reinforce the drill by going back to the beginning each time a new segment is learned.
8. **Level 1:** Do it so that you don’t hurt anyone else. “Unconscious - Incompetent”
(You don’t know what you don’t know)
9. **Level 2:** Do it so that you don’t hurt yourself. “Conscious – Incompetent”
(You know what you don’t know yet!)
10. **Level 3:** Do it so that you can do it right. “Conscious – Competent”
(You know what you know!)

CLEANING THE SHOW

0. Establish realistic GOALS for each rehearsal.
1. Be sure that everyone in your section knows and executes the “5 Rules of Marching.”
2. Be sure that everyone in your section can execute the fundamentals in the “Basics Routine.”
3. Emphasize the importance of memorizing music before memorizing drill.
4. When cleaning a move:
 - 1 - confirm their DOTS
 - 2 - remind them that spacing and alignments are individual responsibilities with a one to one relationship.
 - a - always keep in mind the perspective of the audience and judges.
 - b - remind them to use spatial awareness
5. Realize that most drill problems are timing related. Hesitations and anticipations are problems that always need attention. **TIMING REALLY IS EVERYTHING!**
6. Timing problems (phasing) can be reduced by watching the Drum Major and paying attention!
7. Marching Phasing often occurs when there is incorrect heel, foot, knee height.
8. Insist that they keep bringing their DOTS!
9. Make performers aware that they will perform only as good as they practiced: “As Ye Practiced...So Shall Ye Perform”
10. **Level 4:** Do it until you can’t do it wrong. “Unconscious – Competent” (Performance Nirvana)
(You know it and you don’t have to think about it - It is a HABIT and you are on auto pilot)